

## **Services for Elderly Age 65 and over**

**If you or someone you know is experiencing difficulties with everyday tasks, there are services available that can help. For more information, please call 320-231-7800 ext. 2498.**

**The goal of our services help seniors live in their communities as independently as possible.**

Access to services starts with an assessment, referred to as a [Long-term care consultation](#). Our staff will review your needs and provide:

- Information about community resources and county, state, & federal programs
- Short-term service planning to help individuals and families develop a plan of care
- Ongoing case management
- Assistance with applying for public benefits
- Access to Waivers (Elderly, CADI, CAC and TBI waivers), Alternative Care and MA Home Care services
- Access to information on specialized housing and funding including assisted living options

### **Elderly Waiver (EW)**

The Elderly Waiver funds home- and community-based services for people age 65 and older who are eligible for Medical Assistance (MA) and require the level of care provided in a nursing home, but choose to reside in the community.

### **Alternative Care (AC) Program**

The Alternative Care Program is a state-funded cost-sharing program that supports certain home- and community-based services for eligible Minnesotans, age 65 and over. This program provides home- and community-based services to prevent and delay transitions to nursing facility level of care. The program prevents the impoverishment of eligible seniors and shares the cost of care with clients by maximizing use of their own resources.

## **Home Care Services**

Home Care Services provide medical and health-related services and assistance with day-to-day activities to people in their home. It can be used to provide short-term care for people moving from a hospital or nursing home back to their home, or it can also be used to provide continuing care to people with ongoing needs. Home care services may also be provided outside the person's home when normal life activities take them away from home.

**For links to additional information, please see "Additional Details" on the left side of Family Service Department page**